



**ignou**  
THE PEOPLE'S  
UNIVERSITY

# INDIRA GANDHI NATIONAL OPEN UNIVERSITY

## REGIONAL CENTRE : VIJAYAWADA

(A Central University, Ministry of HRD, Govt. of India)

## INFORMATION BROCHURE FOR M.A. PSYCHOLOGY PROGRAMME (MAPC)

### THE UNIVERSITY

The Indira Gandhi National Open University (IGNOU), established by an Act of Parliament in 1985 has continuously striven to build an inclusive knowledge society through inclusive education. It has tried to increase the Gross Enrollment Ratio (GER) by offering high-quality teaching through the Open and Distance Learning (ODL) mode. It has been conferred with the awards of 'Centre of Excellence' and 'Excellence for Distance Education Materials' by the Commonwealth of Learning which is the highest Forum for Open Distance Learning in the Common Wealth countries.

The University began by offering two academic programmes in 1987, i.e., Diploma in Management and Diploma in Distance Education, with an intake of 4,528 students. Today, it serves the educational aspirations of over 28 Lakh students in India and 43 other countries through 21 Schools of Studies with a network of 67 Regional Centres, more than 2,500 Learner Support Centres and 82 overseas Partner Institutions. The University offers more than 230 Certificate, Diploma, Degree and Research programmes, with a strength of 560 faculty members and academic staff at the Headquarters and Regional Centres and about 51,000 academic counsellors from conventional institutions of higher learning, professional organizations, industry etc are associated with the University in imparting education through the ODL mode.

### Recognition

IGNOU is a Central University created by an act of Parliament and all Certificates, Diplomas and Degrees awarded by the University are at par with all such degrees issued by other Universities under the Association of Indian Universities (AIU).

### Regional Centre, Vijayawada

Indira Gandhi National Open University established a Regional Centre at Vijayawada, an economically, culturally and politically vibrant city in Krishna District, Andhra Pradesh. IGNOU Regional Centre, Vijayawada became operational from July 2008.

The Regional Centre, Vijayawada comprises 5 districts viz, Krishna, Guntur, Prakasam, Nellore of Coastal Andhra and Khammam district of Telangana Region.

### Sub – Regional Centre, Tirupati

IGNOU has also established a Sub-Regional Centre (SRC) at Tirupati which is operational since July 2013 session. Regional Centre, Vijayawada is the Mentor Regional Centre for Sub-Regional Centre, Tirupati. SRC has the jurisdiction of four districts viz., Chittoor, Kadapa, Anantapur and Kurnool.

The Regional Centre offers admission for its academic programmes in two cycles viz., July and January every year.

### M.A. Psychology Programme

The M.A. Degree in Psychology programme is being offered by the School of Social Sciences of IGNOU. In the recent times, Psychology degree has been in great demand with many schools, hospitals both private and public as well as the Voluntary Welfare Agencies, Vocational Rehabilitation Centres, Family Counselling Centres and Correctional Institutions need psychologists to deal with varied problems of human behaviour.

Almost every school needs a psychologist with a Masters' degree to work full time with problem children and also teach psychology for classes XI and XII in the 10+2 schooling. In addition to this, many rehabilitation centres are being established all over India both in the mental health and physical disability areas, and these institutions need immediately qualified psychologists with Masters Degree in Psychology to maintain these centres. All professional colleges started student counselling centres to provide career guidance, counselling and enhance the life skills education and personality development of the students.

The aim of this programme is to give the learners a sound base in psychology and human behaviour through an in-depth investigation into a broad range of psychological techniques and skills as applied to diverse settings.

### Programme Highlights

This two year programme is of 64 credits. Students will be given 32 credits worth courses every year in which 24 credits are for theory and 8 credits are for practical work in the First year and 12 credits are for theory, 6 credits are for practical work, 8 credits are for Internship and 6 credits are for Project work in the Second year. In brief, 28 credits (out of 64 credits) or forty three percent of the MA Psychology programme will have practical work, Internship and project work at the schools, hospitals, industries and NGOs etc. Training through the internship would be the main strength of the programme as this would give an opportunity to learners to equip themselves, with the required skills and competencies.



## DURATION OF THE PROGRAMME

### Minimum - Maximum Duration

2 years to 5 years. In case of non-completion of the programme within 5 years duration, students will be given a two year extra period under Re-admission scheme of the university.

### Eligibility & Admission Cycle

In accordance with the University's general policy of 'openness', 'flexibility' vis-à-vis eligibility criteria, all those who have completed **graduation in any discipline** are eligible for admission to M.A. Psychology programme. There is no entrance test for admission to this programme.

### Admission cycles

January and July sessions every year.

## DETAILS OF COURSES IN M.A. PSYCHOLOGY

### First Year Courses

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|----------------------------------------------|-------------------------------------------------------------------|
| 1. Cognitive Psychology, Learning and Memory | 5. Research Methods in Psychology                                 |
| 2. Life Span Psychology                      | 6. Statistics in Psychology                                       |
| 3. Personality : Theories and Assessment     | 7. Practicals : Experimental Psychology and Psychological Testing |
| 4. Advanced Social Psychology                |                                                                   |

### Second Year Courses

(There are three areas of specialization, A Learner has to select any one group of specialization)

#### Group A : Clinical Psychology

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|----------------------|------------------------------|---------------|
| 1. Psychopathology   | 3. Psychotherapeutic methods | 5. Field Work |
| 2. Psychodiagnostics | 4. Practicals : Clinical     | 6. Project    |

#### Group B : Counseling Psychology

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|-------------------------------------------|--------------------------------|---------------|
| 1. Counseling Psychology                  | 3. Interventions in counseling | 5. Field Work |
| 2. Assessment in Counselling and Guidance | 4. Practicals : Counselling    | 6. Project    |

#### Group C : Industrial and Organizational Psychology

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|-------------------------------|----------------------------------------------------------|---------------|
| 1. Organizational Behaviour   | 3. Organizational Development                            | 5. Field Work |
| 2. Human Resource Development | 4. Practicals : Industrial and Organizational Psychology | 6. Project    |

### Programme Fees

Rs. 13,000/- for two year programme.  
(First Year Rs. 6,500/- and Second year Rs. 6,500/-).

### Field Work / Internship

Internship is an important component of the M.A. Psychology programme of Second Year. This internship is to be carried out for a minimum period of 240 hours (8 credits) by the learner depending upon his/her specialization i.e. Schools, hospitals and industry. The academic counsellors with the help of the agency staff/supervisor where the learners are placed for internship will supervise the learners. A variety of methods will be used to help the learner to develop counseling skills, case conceptualization, develop the ability to self evaluate and develop into a full fledged professional.

### Project Work

M.A. Final Year has Project Work which is a 6 credit course. Each learner has to undertake a Project work in any topic of her/his interest based on their specialization group such as Clinical Psychology, Counselling Psychology or Industrial and Organizational Psychology. Since the Project is a 6 credit course, the learner has to put in a minimum of 180 hours to complete the course.

Project work is an independent research or investigation work. The purpose of the project work is to enable the learner to analyze a particular situation and arrive at some conclusion. The knowledge and understanding gathered from different courses of MA Psychology are put into practice through the project work. Thus the purpose of the project is to provide an opportunity to the learners to apply the knowledge they have acquired in course of their study and to develop skills in the areas of various courses of this programme. Thus learner gets an idea of how to conduct research project/studies and how to write research reports.

### Student Support and Academic Interaction

IGNOU supplies printed Self Learning Materials, Assignments, Projects, Internship manuals, etc. Audio-Video programmes have been designed as part of academic input and the same can be viewed at the Study Centres and also through Telecast (Gyan Darshan TV). Faculty/academic counsellors, evaluators from conventional colleges/universities, industry would associate in the teaching-learning process. Thus teaching-learning take place through multiple media. Learners / fellow-learners will be one of the greatest source of inspiration for interaction and group study.

### Assessment of Students

Continuous Assessment and Evaluation is done using the components of Assignments, Internship, Practical work and Project work at the Study Centres. At the end of the course the university conducts Term End Examination in June / December for all eligible students. The university allots 30% weightage for continuous evaluation and 70% weightage for Term End Examination. For Practicum work, Internship and Project work, 100% weightage is given for the work done by student in a particular specialization. Learners have to secure 40 percent marks in both the components of the programme i.e. Assignment(s) and Term End Examination to successfully complete the programme.

### Contact Details :

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